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## OFFICE LOCATIONS

Multiple office locations for your convenience.

### Virginia Beach (Main Office)

500 Viking Drive, Suite 202

### Norfolk Office

319 W. 21st St., Suite B

### Chesapeake Office

1545 Crossways Blvd. Suite 250

### Suffolk Office

3345 Bridge Road, Suite 916

### Newport News Office

11815 Fountain Way, Suite 300

Phone: 757-530-7011

Fax: 757-233-3600

## FREE WEBINAR/SEMINAR SCHEDULE CHOOSE FROM TWO IMPORTANT TOPICS:

### Long-Term Care Planning Seminar: **WHY WILLS ARE OBSOLETE:**



*How to Protect your Home, Family, and Assets the Right Way*

**Tuesday, June 7th at 1:00 P.M.**

**Wednesday, June 22nd at 10:00 A.M.**

### Estate Planning Seminar: **PLAN NOW TO PROTECT YOUR LOVED ONES:**

*Discover the Secrets You Need to Know When Creating Your Estate Plan*



**Thursday, June 30th at 10:00 A.M.**

*Alperin Law Virginia Beach Office*

*500 Viking Dr. STE 202, Virginia Beach, VA 23452*

### DURING OUR SEMINARS, YOU WILL LEARN:

- How to protect your home & assets from the costs of long-term care; Costly misconceptions about planning for your senior years
- How to plan your estate should you become physically or mentally incapacitated
- How to protect your family from losing their inheritance to greedy in-laws, divorce, lawsuits, creditors, and government claims!
- How to protect your valuable IRAs (and retirement plans) so they may later provide much-needed retirement income for your loved ones.
- Why wills don't protect assets from nursing home costs and how certain trusts can provide powerful asset protection

Call us today to register at **757-530-7011** or register online at [www.alperinlaw.com](http://www.alperinlaw.com)

JUNE 2022

Give us a call!

757-530-7011

www.alperinlaw.com | Hours: 9:00-5:00 M-F

# Your Alperin Law Monthly Newsletter

FROM SCOTT'S DESK



## Father's Day Reflections BY SCOTT ALPERIN

As we come upon Father's Day, I am reminded of my own family and journey as a father. My second child, my daughter Zoey, has just graduated high school and is about to start her collegiate journey while my son Noah begins another year of University himself. As their father, I couldn't be more proud and confident in them taking the next steps towards their future.

From the time our children are born, we watch them grow and go through all stages of life. And as they grow and learn, so do we as fathers and as parents alike. One of the most important things to me as a father was making sure not only were my children safe and protected during my lifetime, but

also instilling my family values in them. My grandfather struggled to make a living, but managed to put all of his kids through college. My father, in turn, instilled the value of a good education and hard work that he learned from his father in me, which no doubt is what gave me the drive and ability to start Alperin Law. I hope that as my children start the journey towards their own careers and families that they are able to replicate that drive for success in their studies & jobs to come.

Whether it is your first Father's Day or your youngest is graduating and you are about to become an "empty nester" like myself, take some time this Father's Day to reflect on the lessons you want to teach your children (and

even grandchildren) in the years to come, and what kind of legacy you want to leave for them.

At our practice, we are focused on your family and helping you protect your legacy for your family for many years to come. If you are considering creating an estate plan or updating an existing plan this summer, give us a call and we will be glad to help you on the path to protecting your family. We also can help you handle legal Power Of Attorney documents you and your children may need as they enter college and adulthood, and venture off into the world on their own.

I hope you enjoy your Father's Day!

# Is It Time to Review Your Estate Plan?

To be effective, estate plans need to be tailored to fit your specific circumstances as well as current federal and state tax laws. Some of the reasons you should consider updating your estate plan include:

- Your income, assets, and liabilities have significantly changed.
- You've moved to another state.
- You've recently been married.
- You've recently been divorced.
- Your family has welcomed a new child or grandchild.
- Your minor children or grandchildren are now legal adults.
- You or a loved one has become seriously ill or permanently disabled.
- You've had a falling out with an heir or someone named as executor or trustee.
- Someone previously named as an heir, executor, or trustee has predeceased you.
- You've started a new business.



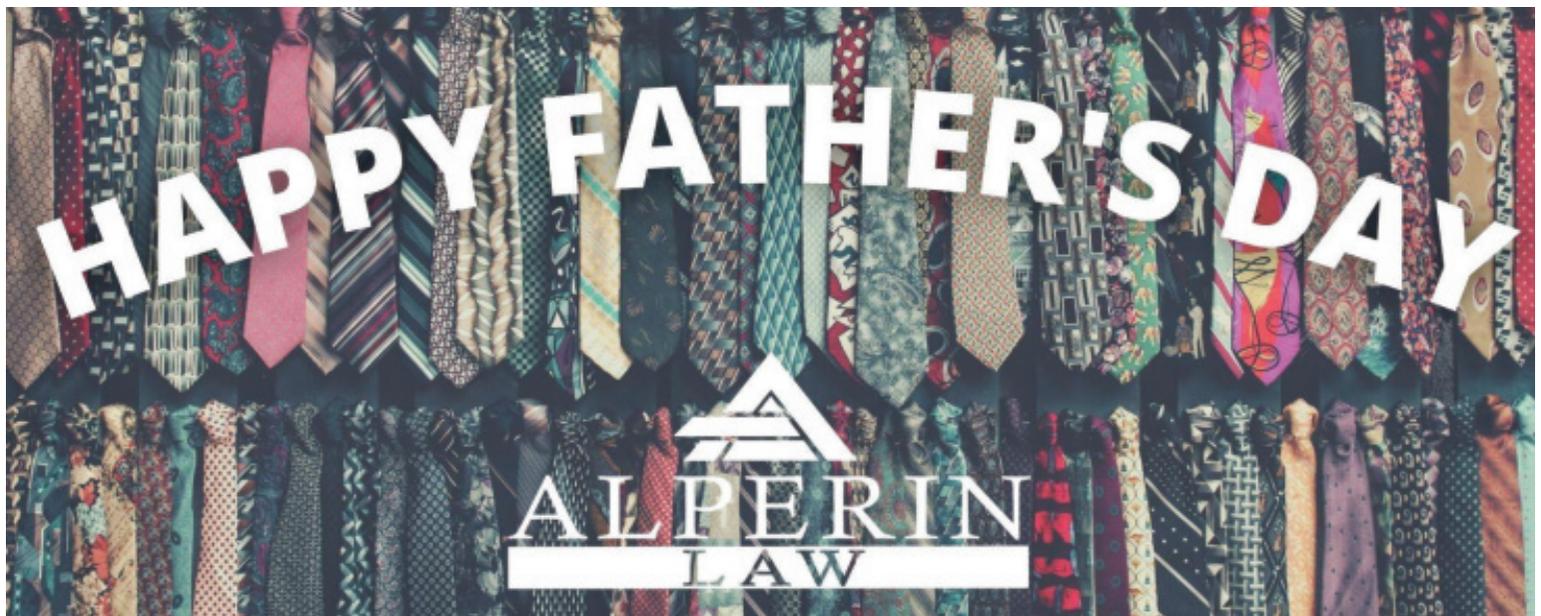
To account for potential tax law changes, it's best to have a qualified estate planning attorney review your plan yearly to ensure that it still meets your needs. Generally, experts recommend going no more than three to five years without a plan update—even if your general income and personal circumstances remain the same.

## **Let Us Help You Update Your Estate Plan**

If it's been several years since you last looked at your estate plan, Alperin Law

can review your documents to ensure they still provide the most efficient way to manage, preserve, and distribute your assets. If we created your original documents, free reviews are included every three years as part of our Client Care Maintenance Program. Our goal is to provide you with the peace of mind that comes with knowing your loved ones will be properly provided for after you're gone. Contact our office today to schedule your review!

*Happy Father's Day*  
from Alperin Law

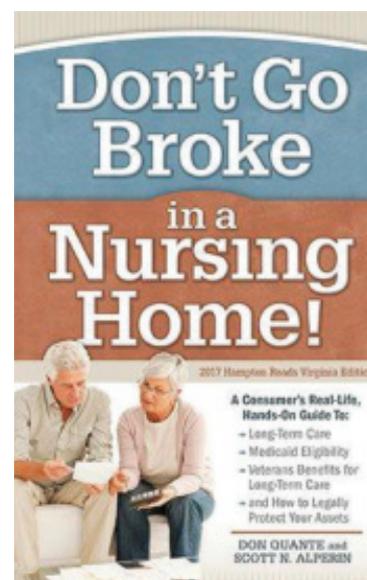


*"A father is someone you look up to no matter how tall you grow." –Unknown*

## Request Our FREE Book

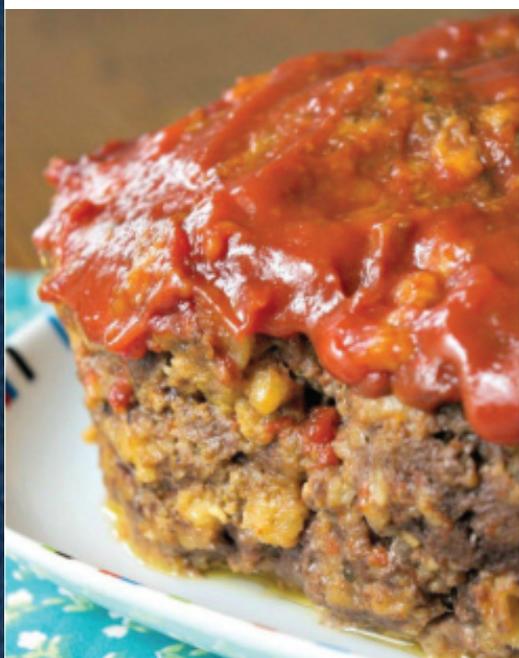
# Don't Go Broke in a Nursing Home

Worried about how much a Hampton Roads nursing home will cost? Looking for answers about paying for long-term care without going broke? If so, this book is for you. Whether you are concerned about an aging parent or want to plan ahead for your own protection, our free guide covers all the bases. Written by Scott Alperin and financial advisor Don Quante, this is a valuable resource for anyone worried about protecting hard-earned assets while getting the best possible care as you or a loved one ages. Request our free book to get creative solutions to protect your assets. Call us today at (757) 530-7011 to request your FREE copy of *Don't Go Broke in a Nursing Home*.



## Recipe:

# Crock Pot Manly Meatloaf



### INGREDIENTS

#### Meatloaf:

- 5 Pounds Extra Lean Ground Beef
- 4 Large Eggs (Beaten)
- 2 Packages Stuffing Mix (Such As Stove-Top Brand)

- 1 Cup Water
- ¼ Cup Prepared Mustard
- ¼ Cup Ketchup
- 3 Cloves Garlic (Minced)
- 1 Teaspoon Liquid Smoke (Optional)
- 1 Teaspoon Kosher Salt
- 1 Teaspoon Freshly Ground Black Pepper
- 1 Teaspoon Dried Oregano
- 1 Teaspoon Dried Rosemary

#### Glaze:

- ¼ Cup Ketchup
- ¼ Cup Brown Sugar

#### Instructions:

1. In a large mixing bowl, combine all ingredients for the meatloaf mixture with your hands until well mixed and all of the dry stuffing mix is incorporated into the meat mixture.

2. Dump meat mixture into a 6 quart or larger slow cooker and pat down evenly.
3. In a small bowl, combine the ingredients for the glaze and mix until combined.
4. Pour glaze over the top of the meatloaf and spread evenly with a silicone spatula.
5. Cover and cook on LOW for 6 to 8 hours, or until the internal temperature of the meatloaf registers 155 to 160° F (68 to 71° F).
6. Turn slow cooker to the OFF setting and let the meatloaf rest for 10 minutes in the slow cooker. Carefully lift meatloaf out of the slow cooker and place on a serving platter or large plate to serve.

Recipe inspired by [www.crockpotladies.com](http://www.crockpotladies.com)